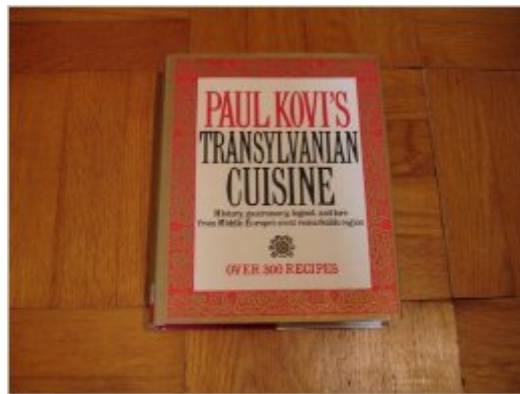


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# Paul Kovi's Transylvanian Cuisine: History, Gastronomy, Legend, And Lore From Middle Europe's Most Remarkable Region, Over 300 Recipes



## Book Information

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## Customer Reviews

Paul Kovi has lovingly created an important record of the food and traditions of Transylvania. The book records a time when Transylvania was a place of diverse cultures and unique traditions. Forced migration, ethnic cleansing and new national borders, after World War two, may have changed this for ever and that is why this book is so valuable. However the book is not just an historical record. There are many dishes I want to cook and many more I wish I could cook. The combination of history, poetry and recipes is wonderful.

I'm still figuring this one out. I love this cookbook for it's rich history lesson and loving compilation. So far, my absolute favorite recipe is a layered noodle lasagna using sheeps milk cheese, sour cream and dill. Delicious!

This book came in excellent condition, it was packaged well, there were few dings or anything of that sort on it. It was also sent in the time suggest for shipping. I would suggest this seller to others. Also a really good book with excellent history and recipes.

This cookbook is an interesting curiosity. Probably most people would not make the majority of the recipes. However, the stories and history are intriguing. A lot of the cuts of meats are not available in modern grocery stores and would not appeal to American palates. Stuffed bear foot? I suppose the author researched and transcribed this recipe for historical authenticity. Frankly a number of the

ingredients, even herbs and vegetables, are unknown to me. But I appreciate the education, which is why I bought the book. One recipe I truly enjoyed was the ragout from Marosszek. Quite tasty. Not surprising, though, it was heavy on meat and not particularly healthy. Overall, this is not a cookbook for people who are health conscious.

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